

Essential Event Information - Please Read

If you have been before, you will probably know much of the stuff below but please remind yourself of what happens where and when.

All information is available on the [website](#) too.

If you are the Team leader ensure your team mates, including those who have recently been added to your team, read it too.

Parking Pass Collection and Registration - Before entry to site at Contin

This is a drive through registration and parking pass collection.

You must collect parking passes and register at Brahan Estate – located on A835 approx 2 miles towards Contin from the Maryburgh roundabout. This must be done before going to the event centre. A location map can be found on our website in the [Getting Here Section](#)

- Once you have entered the estate please follow the signs and/or marshals to the registration area.
- The **entrance to Brahan Estate** will be open on Friday 10th January 2024 **from 09.00 and will close at 20.30**. Please respect the residents of the estate. **You will not be able to access the site outside of these times.**
- **Registration will be open from Friday 12 noon to 20.30**. So yes, that does mean if you are a keen bean to get your favourite parking spot, then you will have a wait until registration opens, but you can do it in the comfort of your vehicle. If you are happy to go with the flow, then turn up when you are ready during opening hours.
- [Jailhouse Coffee](#) with their excellent coffee and drinks will be at Brahan from 10.30 to 12.30 on Friday to keep you fuelled - there will also be a portaloos at registration.
- Once you have registered follow the signs to the estate exit and then on to the Strathpuffer site at Contin – marshals will help guide you to get parked and you can then get set up for the weekend!

Registration (at Brahan Estate)

- You must bring signed disclaimers for all your team with you in order to collect your event centre parking pass, timing dibber, number boards, t-shirts and pre-ordered merchandise.

- You will be given one Parking Pass per Team ONLY based on type of vehicle you are bringing on site. (School teams get 2). Your vehicle reg for the vehicle going on site will be written on this.
- All team members must register and sign an [Indemnity Form](#).
- [All Under-16's](#) must have Parent/Guardian signed permission to participate.
- [All Under-14's](#) must have an adult accompanying them on the course and written permission from their parent/guardian and the organisers
- Under-14's must complete both the Under-16 form AND get their adult to complete the Under-14 Accompanying Adult form.
- All team members must be registered by Saturday 09.30 am

What If:-

- **I arrive to register on Saturday morning?** Drive straight to Contin and pick up your parking pass at the gate. Late registration will be available in the marquee at Contin between 07.30 and 09.30 after you are parked up. Remember you will still need to allow plenty of time to get parked ahead of the start. It gets busy around the event base at that time. If you arrive after 09.00 you are unlikely to be able to park up the fire road, so if you plan to park by the side of the course please ensure you arrive before then.
- **I arrive to register after 20.30 on Friday evening?** You will not be able to get on site at Contin unless you have registered, so find somewhere to stay overnight and we'll see you in the morning to register. Registration closes at 20:30 at Brahan on Friday 10th.
- **I haven't got all my team disclaimer forms?** You can still register and get your parking pass, but you will have to collect your dibber from the late registration desk in the marquee at the event site in Contin between 07.30 and 09.30 on Saturday 11th.
- **I have to change team mix, size or names – where do I do this?** You can do this at registration.

Charity for 2025

- This year our fund-raising efforts will be in aid of our local charity, [Trussell](#) and national one, [Mikeysline](#). There will collection boxes as you leave the event.

Emergency details for each rider

Please check/confirm your Emergency Contact Details using **EDIT MY ENTRY**. If you have entered other people, you need to confirm details for them too. Please click:

EDIT MY ENTRY

- Click the **EDIT** Button
- Check that the Emergency Contact details are up to date for each person you have entered
- Click the **NEXT** button at the **BOTTOM** of the screen
- Read the disclaimers and tick each of them to confirm your acceptance
- Click the **SAVE ENTRY** button at the **BOTTOM** of the screen

This completes the process.

PLEASE COMPLETE THIS PROCESS BY MIDNIGHT

ON WEDNESDAY 8th JANUARY

The rest of the stuff you need to know – Keep Reading

The event itself is based at Contin Forest, on the A835 heading towards Ullapool, half a mile north-west of the village of Contin.

Site Access

THERE IS ABSOLUTELY NO SITE ACCESS BEFORE 12 NOON ON FRIDAY 10th JANUARY 2025.

- The site is still being prepared. Anyone arriving before 12 noon will be asked to leave.
- Entrance to the **site will be closed between 21.00 Friday night and 07.30 on Saturday** morning.

If there is snow or ice on the uphill parking areas, we will grit to the level we are able to on forestry fire roads, but for your own safety and that of other users, you may not be allowed on site if you do not have snow chains or winter tyres. The organisers will make a final decision at the event, taking account of the conditions.

Parking

We all need to work together to make parking run as smoothly and stress free as possible. Those of you who have competed before may have their 'ideal' spot, but to keep the event parking efficient, you will need to go where the marshals direct you. We will be flexible where we can, but we can't guarantee you can park where you parked last time. We really appreciate your co-operation to make parking happen smoothly, so please do as the volunteer marshals ask, as they will be doing their best to accommodate you.

We **limit access to one vehicle per team** whether that is a solo, pair or quad. The only exception is school teams of 8 who are allowed 2 vehicles. If your team members have to arrive in different vehicles then please decant kit into the designated team transport before going onsite. There is plenty of space at the Achilty Hotel car park. Contin Community Centre are pre-booking weekend spaces for limited vehicles. There is a fee of £20 for this which goes directly to their funds. Contact them by email - newcontintrust@gmail.com or check out Strathpuffer Forum FB page for the QR code.

We send motor-homes, vans etc up the fire road climb to park Tour de France style along the course; those with tents only and caravans have a flat parking area 300 metres away from transition and cars are squeezed in anywhere we can.

You must park where the marshals direct you.

Protect Our Forests

Our forests are at risk from [tree pests and diseases](#). These can dramatically affect the health of our trees, upsetting the delicate ecosystem balance and devastating large areas of woodland.

Pests and diseases hitch a ride in mud and debris on shoes, paws and tyres, ending up in new forests. Here, they can spread rapidly in environments with no natural resilience.

What you can do to help protect our trees

You're the best defence our trees have. Before a forest visit, remember to clean your shoes, bike, and equipment. This helps slow disease spread, preserving our woodlands now and for future generations.

Toilets (Not the Great Outdoors!)

Use the multiple portaloos that are provided for you at transition, in the lower camping area and up the fire road. Please use these and be considerate of others after use rather than an al-fresco approach to our lovely forest.

Camping

There is a very large camping area and much of the forest to spread out into if necessary. However, in order to ensure we get as many teams as possible on the best areas, please camp neatly and only occupy the area you really need. Our marshals will guide you.

To keep the air 'fresh' for riders, **please don't set your generator up right next to the course** - it's tough enough cycling up the hills without breathing in diesel fumes for a few km uphill!

This is Forestry and Land Scotland property so no open fires please. Off the ground fire pits are allowed, so long as they are removed and taken with you - Please leave no trace. Anyone cutting live wood or using a chainsaw will be asked to leave.

Start

- **Rider briefing** outside HQ marquee at **9.45am Saturday** morning. Please ensure at least one of your team attend.
- **Race starts at 10am** with a Le Mans style run. You will be piped to the start line.
- The team member who starts the Le Mans run must also start riding the 1st lap. The 1st lap will not qualify towards the fastest lap competition.

Event Centre - Contin

When you've got parked and set up, come down to the warm and dry event marquee where you can eat and drink and catch up on the craic with old and new pals.

Food, Drink & Refuel

Below are some details from the various catering providers that we will have on and near the site during the event.

Most of our caterers provide a range of options for vegetarians and vegans.

Red Poppy

Red Poppy Catering will be on hand with their street food to keep you going throughout the Strathpuffer. From Friday afternoon to Sunday morning they will have breakfast, lunch, dinner and midnight snacks to keep you fuelled. Offering options like The Old Bill beef burgers, hot dogs, woodfired pizzas, vegan curry and fries. Other exciting options each day!

Stewart Brewing

Stewart Brewing are our new partner. We're excited to work with them and they will be offering an awesome range of beers at the bar. Bar will be open from Friday lunchtime onwards.

Jailhouse Coffee

Will be set up in the marquee serving premium barista coffee, hot chocolate and other drinks. Opening hours:

Brahan: 10.30 to 12.30

Contin - Saturday 07.00 to 11.00, 13:00 to 17:00, Sunday 03.00 to 06.00 then 07.30 to close.

The Storehouse Landy Pizza Oven

The Storehouse Wood Fired Pizza Land Rover will be at the 2025 Strathpuffer making their Pizzas from scratch from 16.30 onwards. They are looking forward to seeing you crazy folk at their Pizza making machine!!

Hot Chocolates with the works also available.

Contin Community

Contin Community are hosting their usual All You Can Eat Pasta Night in their lovely hall – Friday 10th only 5pm until 8pm - £15 (Inc Vegetarian and Gluten Free) – BYOB.

Also . . .

Contin Stores sells all the usual stuff including chocolate, sweets, energy drinks etc. as well as the **Petrol Station** which has all the basics...and fuel!

There cafes with takeaway in **Strathpeffer** as well as a Morrisons convenience store, open till 10pm.

Merchandise

As usual we will be selling Strathpuffer buffs and Hoodies at registration and during the event - we only have limited numbers so we would encourage you to get in early if you want stuff and haven't pre-ordered.

Mechanical Support

OrangeFox Bikes will again be on site under the main marquee from early Saturday morning until the end of the race offering mechanical assistance. They will have common spares including cables, brake pads, chains, tubes, sealant, tyres etc with them to cover likely scenarios but you would be advised to have at least a spare derailleur hanger for your bicycle. In addition they'll have some handy accessories such as mudguards, lights etc. If you would like anything specific brought to the race please [email](#) them and they will bring to the race for you.

Water

We have limited water supplies and they may be frozen, so please bring sufficient water for your own use.

Bike Light Charging

There will be charging facilities on site provided by USE Exposure, but do bring your batteries ready charged so we don't overwhelm the system. Bring your own charger too, labelled with your name!

They will also have some bargain lights for sale and possibly some lights for hire if they haven't all been pre-booked. [Light Hire](#) Prebooking is now closed.

Medical Conditions

Hopefully you will have included any medical conditions on your entry - if you missed this opportunity please email linda@strathpuffer.co.uk and let us know anything we need to be aware of.

Timing

SPORTident will be with us for the weekend to provide their usual consistently accurate timing and rapid results service. We will be allocating one dibber per team that must be "dibbed" in the transition area at the end of each lap. Only one member of each team is allowed to be on the course at any point in time.

ONE SI-CARD PER TEAM

The event will be issuing one SI-Card per team. It is not possible to attribute laps to named riders, but as long as you know the order in which members of your team attempted laps, you will know who your top rider is! At the end of each lap the incoming rider will dib their card in the transition station and then pass it to the outgoing rider. It's that simple. SI-Cards will be provided on a wristband.

ACCURATE LAP TIME WHEN YOUR TEAM REJOINS AFTER TAKING A BREAK

We have a mechanism aimed at those teams that take a break between laps, especially during the wee hours. It will be possible for the outgoing rider to come into the marquee near transition under no time pressure and dib in a special station that records the start of their lap. **IMPORTANT** - this is not for routine use, only when your team has taken a significant break. By dibbing in this special **REJOIN** station, the lap-time for the outgoing rider will not include the team's downtime and will be a more accurate measure of their performance.

DIY SPLITS PRINT OF TEAM LAP TIMES

As usual, it will be possible to obtain a DIY splits print of lap times. Come into the marquee at any time during the event and key in your team number on a special keypad and hit the enter key. A thermal printout will be printed in seconds. You will also receive a printout showing all your lap times at the end of the event.

ROTATING RESULTS SCREEN IN THE MARQUEE

There will be a rotating results screen in the marquee.

YOU MUST HAND IN YOUR SI-CARD - EVEN IF YOU RETIRE

At the end of the event, SI-Cards (timing chips) **MUST** be handed in to the organising team **ON THE DAY** even if you retire during the event. This is an essential safety requirement of the event and avoids an unnecessary search. Failure to hand back a

hired SI-Card will incur a charge of **£50**. There is a charge of **£25** if you break your SI-Card.

FOLLOW THE STRATHPUFFER ONLINE

Mobile Data Signal permitting, friends and family will be able to follow your team's progress LIVE from about midday on Saturday

at <https://www.sportident.co.uk/results/Strathpuffer/2025/Strathpuffer/>

This link will also be available from the **www.sportident.co.uk** and you'll see the link on our home page. Or you can scan the following QR Code:

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Bike Wash

We will have a bike wash area near transition (assuming the water supply is not frozen). If you are planning to use a bike wash solution please try to bring an environmentally friendly cleaner.

Refuse

Every year we seek to recycle as much as possible but cross contamination means most recycled waste ends up in landfill.

We would be eternally grateful if you could **take as much of your rubbish away with you as possible** - we realise that an event of this nature generates all sorts of detritus but we don't want to be finding it in the forest for the rest of the year. It's appreciated if you try and do your bit for the environment.

We will provide you with rubbish bags when you collect your parking permits and register. **Limited rubbish disposal facilities for landfill only will be provided (not for your awnings and kitchen sinks though!) so please take your recycling home in the clear bags provided and recycle locally.**

Prize Giving

We endeavour to organize the prize-giving as soon after 11.00 on Sunday morning as possible. We have usually managed to get sorted for 11.30ish so that will be our target. Please hang around to cheer those that have done good.

Sponsors

Many organisations help in lots of ways to make this event possible but we would just like to highlight the contribution of our main sponsors this year – [USE Exposure Lighting](#), [Alpkit](#), [Stewart Brewing](#), [Mcgregor Industrial Supplies](#), [Highland Audi CUBE](#) [Voom Nutrition](#) and [Red Poppy](#) - please buy lots of their products and say you are doing so because they support the Strathpuffer.

More information is available at our website – www.strathpuffer.co.uk

Finally, we hope you really enjoy the seventeenth 'Puffer'.

We'll see you there!!

The Puffer Team – Adie, Linda, Marc, Alasdair

www.strathpuffer.co.uk